

## A Perfect Boyfriend-Girlfriend Relationship

Have you ever met a person whose words shook up the way you thought about things? I met one. It was a wise man whom I bumped into in a very confusing time of my life. He gave me a secret for something I always wanted: a perfect romantic relationship. He said that having a healthy romantic relationship that will full-fill your days and your heart, and that will project you to a dreamed future is possible if you base it on 5 simple rules.

*Do things at the right time and at the right moment.* Meaning “do things of married couples only when you are married”. Chastity is the real proof of love and no other. Living a pure relationship will demonstrate to your couple that you are not there to use her/him for your advantage, that you are not there to use his/her body as an object or a toy, but you are with this person because you really care, you want to protect her/him and you really love her/him. This topic made sense to me, because a person who uses his partner is not demonstrating respect or love at all. A person who respects you knows the limits and wants the best for you, and wants to make you feel dignity and peace. It is also a very practical advice to avoid bad consequences. What is the best contraceptive? Not having sex until you get married. When marrying there is a whole life to enjoy it, there is no need to rush things. Love is patient, desire wants everything fast.

*Avoid temptations.* Putting bad stuff into your brain, like pornography, pictures of women in swimming clothing or muscled guys working out, watching movies that promote sensuality, listening to provoking music, all this awakes your desires and will make you see your partner in a different bad way. She/he will not be the person you used to love spending your time with because you enjoy her/his company. Now you will compare her/him with the pictures or movies you watched, and it will destroy the beautiful bond of trust you had.

*Avoid bad friends and bad environments.* Those “friends”, who shouldn’t be called so, who take you to bars, clubs, drugs, beer, and to do irresponsible activities will make you become a person who is hard to live with, someone who is not fun anymore to have around, and someone who is not reliable, because you will have a bad behavior, and the moments you hang out with those bad friends will have your girlfriend/boyfriend worrying about you. Where is she/he? Is she/he ok? Is she/he doing something that she/he will regret later? Is she/he doing something that will destroy us...? Avoid bad friend and environments. Be loyal to your love.

*Take care of the way you drive yourself.* Be discrete in the way you dress. If you like to be looked at for how nice this dress or shirt fits you, how lovely you look with that skirt, how those guys and those women look at you with tight clothing, then you don’t you’re loving your partner, and if she/he behaves this way, she/he doesn’t really love you either. Also, be discrete in the way you look. If you are used to seeing women with desire on the street, what makes you think you will not glance at others when you are with your couple. Discretion in the way talk and what you talk about. This is the

clearest sign to know if you love or are loved by someone. If you make fun of your partner when she/he is not there, or repeatedly point out her/his defects, then there is no love. Also, if you like to flirt while talking, there is no love at all. Flirting while having a relationship is like knifing slowly someone, it is a cold, slow and very painful dead.

*Grow up Spiritually.* Like P. Alberto Hurtado said “relying on the tireless strengths of the spirit will make you suppress and dominate the tendencies of the animal and will help you put these tendencies down under the spirit” Do you want to know what the most perfect glue for a relationship is? Base it on God. A friend is there in good and bad times, a really good friend approaches you to God. The most important contribution you make to a person is to take her/him closer to God, because then she/he will have meaningful life. And it will also bring perfect peace to your relationship. If you had a bad past, don't worry. Let Him take care of your wounds. God loves you forever and has His arms wide open to welcome you back home. Confession is opened to everyone all the time in all Catholic churches around the world. And don't be scared, what you will tell the Priest is not new for him, just trust, go and start from 0 a better life. Now you want to get stronger for this better life. Then after the confession, you are ready to eat the most powerful food on the planet: the Eucharist. With confession and Eucharist in your life, be ready because you will have a strong, meaningful, loyal, beautiful and perfect relationship.

It is important to decide wisely who enters in your life. But there is this irony, it is also important to see how you enter in a relationship. The higher you are, the higher your partner will be. You have now the 5 keys to perfect relationship that will bring you peace and real love: Grow up spiritually, be discrete in all aspects, avoid bad-influencing people and hazardous places, avoid sensualities, there is no need to raise passions, and live on chastity the real proof of love. Now you are ready to take action and real happiness will be yours. And what about the wise man? Don't worry. If you follow these 5 bases, you will meet Him one day.